October 15, 2007 CSMC meeting from 7:30-8:30pm at 1473 Brule Ave.

Present: Suzanne (Midwife from the Group), Sarah (Consumer formerly from Toronto), Leslie (Consumer Chair), Mary (Consumer), Julia (Consumer), Diane Parkin (Midwife from the Group).

1) Midwifery clinic updates/needs:

- **a)** Suzanne said that the Midwifery Group is getting another midwife in January. Her name is Nancy Greenwood. She is returning to practice at the Group. As for the waiting list, there are still spots some months and other months are full. They have begun talking about a new brochure for their practice. Other than that, there is nothing new to report.
- b) Mary reported that there was no new information from the Madawaska midwifery practice.
- **c)** Betty-Anne was planning to attend the meeting, but was unable to make it at the last minute. She did send an email which was discussed later in the meeting. Julia had few updates about the practice as any information was to come via Betty-Anne.

However Julia pass on the following information, which was relayed from Miriam O'Brien at the Collective: Ann Montgomery, from the Midwifery Collective, is putting together a proposal for a new practice. It would be centrally located and focused toward under served women (those with language, social, etc. barriers). Ann might come to a meeting to get a letter of support. Diane informed CSMC that each month David Hole receives reports from each practice stating their stats in way of clients requesting care, clients turned away and for what reasons. This allows him to determine if there is a need for a new practice. If we are asked to write a draft letter to support this initiative, CSMC would be happy to take this on. But other than that, Julia will communicate to Ann Montgomery that CSMC would like to give her their support for this initiative.

After meeting conversation between Betty-Anne and Julia: The Collective is bursting at the seams with midwives. Miriam/Betty-Ann are sharing a caseload. Paul/Ann are sharing. Agnes and Claudia are taking about 36 cases, rather than 40.

Sandra and Betty-Anne have been turning breeches. They have not been able to turn breeches before 36 weeks because the Montfort is not set up to look after premature births. They also require that the OR is available as well as an ultrasound techinician. Betty-Anne, through conversation with Lawrence Oppenheimer, has arranged that she can go to the General to turn a baby as long as an OB is around. She still has courtesy privileges there. The OB on has to be okay with Betty-Anne trying to turn the baby, but then they would be set up in case of an early delivery. This means that Betty-Anne might be able to turn babies at 35 weeks at the General, which is a better time to try due to baby being smaller than at 37 weeks.

Betty-Anne also suggested looking at the website: http://understandingbirthbetter.com/

look at the answers to questions section.

2) Liaison committee to be formed, to liaise with CEO for Ottawa LHINs-Sheila spearheading this initiative:

Action item from last agenda: Sheila to follow up with Juana from the AOM June meeting. Juana had similar packages which we learned from our meeting with her. Other packages to come next week info session. No one has heard from Sheila recently.

Diane spoke from the midwife perspective on how they have been able to be involved with LHIN, PPPESO etc. Diane has been involved as a midwife. It sounds as though they are feeling pretty good about the amount of attention being given to perinatal issues. They are well represented. Also, the Champlain LHIN does have

maternity care as a mandate as PPPESO took a firm stance on that issue. Other LHINS do not have maternity care in their mandate.

Betty-Anne's email was read at the meeting. The following is an excerpt:

The LHIN has two functioning bodies, an Advisory Council made up of representatives from PPPESO, community centres, all hospitals in the region, including peds, OBs, nurses, and midwives.. There is also a steering committee that meets more frequently. I requested about a year ago to have two midwives on the steering committee, as I felt it important that a midwife from a practice having a hard time getting hospital privileges and who lives rurally, needed to be on it as well as one of us who lives more centrally in Ottawa. So Leslie Chapley and I have been sitting on the steering committee.

I have also suggested since the first few meetings, that we needed consumers on either the Advisory Council or Steering -- indeed so much so that everytime the topic of consumers comes up they all look at me. As they have always said, "Later" once I suggested we have a vote on it and everyone except me voted against it because they said it wasn't "time." Rob Cushman turned to me after the vote and said, "Sorry Betty-Anne" to which I said, "That's O.K. I'm used to being the only person thinking a certain way. But I know I'm right."

But finally Sept. 26, we were discussing three committees that are being set up, and a fourth evaluation committee and it was suggested that on one committee we have consumers -- they all turned to me -- and it is the committee that they are suggesting I chair. At the end of that meeting, as well, one of the men working in administration read a few letters coming from outside, and Sheila's was one of them. So I was thrilled this had all worked out in such synchrony.

Julia will try to contact Betty-Anne after the meeting for other updates from the Collective. If there is any other information from the Collective, it will be passed on through these minutes.

From conversation with Betty-Anne: She thinks the LHIN is looking promising and was pleased at the likelihood of a committee with Consumers on it. Betty-Anne is interested in talking to women in rural areas to find out what they want. Whether they want to travel or have birth as close to home as possible. She is encouraging Consumers outside of urban Ottawa to become involved.

3) CSMC Flyer updated:

Mary presented the updated the flyer at the meeting. Leslie mentioned that she will notify the group that there is a new flyer via email, but she will not send it as an attachment unless requested as it often will end up as SPAM.

4) LLL garage sale planning/committee set-up:

Leslie said that no one volunteered for this. Susan W responded to say that she was pretty sure that there were no more tables available anyhow.

5) Midwifery Info session September 25th:

Mary said that there were about 10-12 people there who were interesting in midwifery. There were also about 10 people there speaking, helping set up etc. It was a good mix of people. The speakers did a good job. The midwives did a good job. There were 4 midwives present. **Mary is trying to set one up for November in Casselman.**

Mary will sent out an email to OCDSB. She will ask the guidance counselors and family studies departments

if they are interested in having a midwife come to talk about midwifery as a career or as an option for pregnancy respectively. She will pass out the MGO phone number as a contact.

6) Bridal shows:

Ileana has looked into table prices and they are expensive. She is going to ask for a free table. We might also pursue just getting some pamphlets put in bags if we cannot get a table.

7) Birth Centre:

Robin Guy initiating working group & discussion on Facebook

by e-mail (Must send my regrets for this meeting, however, please pass along my continued interest in discussing an independent birth centre for Ottawa-Carleton and to add me into plans to meet specifically on this subject with most of my availability during the weekdays and a more limited amount of time on weeknights. Willingly, Andrienne)

No one was present to update this topic. There is some interest in this so they have informally become a subcommittee. They are working on getting together face to face as well. **Perhaps one of them can come to a meeting to update us on this in the future.**

8) Finances:

Essentially no one volunteered to do the banking, so Leslie will take it on. She has asked Kelly Norman, who is a chiropractor and supporter of CSMC, to be a second signature as she lives close to Leslie. Leslie will take care of banking and the BACN. The BACN is for anyone who knows someone who wants to do cheap advertising. Once we know the date for the bridal show, if it is a likelihood, we can ask for money at that point.