#### September 17th CSMC meeting from 7:30-8:30pm at 2132 Queensgrove Rd., near Woodroffe/Carling.

Present: Leslie, Ileana, Suzanne, Maxine, Mary Beatty, Melanie, Frederique, Sheila, Julia

## 1) Midwifery clinic updates/needs/direction for 2007-2008 (5 practices with 5 csmc reps/5 midwife reps)

Suzanne and Maxine are 2 new midwives from the Midwifery Group of Ottawa (MGO). They said that the MGO has lots of spaces for new clients beginning October-no waiting lists. There are 10 midwives. Lots of little spaces for clients through most months.

There was discussion about packages to hand to clients in regards to the election to ask politicians for more midwives.

# Sheila to follow up with Juana from the AOM June meeting. Juana had similar packages which we learned from our meeting with her. Other packages to come next week info session.

Frederique has Wendy joining Oct 1 at the Sages-Femmes practice. They also have space available. (Dec-Feb not full) March full. They didn't get new registrant funding that they asked for. Frederique just had a meeting with David Hole...her numbers aren't high enough to justify another person, but can't take more clients without it. It feels like a catch 22. Hopefully they can increase the load to 3 midwives so they have more flexibility.

Midwifery Collective: Sarah Doyle is back we think. Denise Fuller is a new registrant, Not sure about waiting lists yet. Lillie has replaced Stephanie and Suzanne (office admin) has left and also been replaced. It seems like there are lots of changes happening there.

No updates for Ottawa Valley Midwives or St. Lawrence Valley. Julie Keon will be asked to see if she is interested in liasing with the Mdawaska Valley Midwives. Leslie has done this, and Mary Beatty is working with Julie to assume this role since julie is cunrrently not available to continue to do so. many thanks to Julie for her networking and liaising over the past year!

No updates from Juana. Sheila did do the LHINS letter. There is no reference to maternity on the LHINS report. Blueprint talks about wanting consumer input. Sheila suggested google-ing Champlain LHIN to get the information. She has requested meeting to talk about our vision for midwifery. IN her letter she essentially quoted blueprint back to them in their language. Hopefully Sheila will hear back from them.

Info from Frederique: There is a newly formed committee within the LHINS (HPAC)? Betty-Anne and Leslie are on the committee.

## *Ileana's boss has a connection with Champlain LHIN and she will do a little probing and information finding on her end.*

#### 2) LLL garage sale planning/committee set-up

Do we want to participate? It's October 13th, from 9 am - 2 pm, contact is Jan 613-592-9737.

## Do we have any volunteers to see if tables are still available and to co-ordinate consumer group volunteers???

#### 3) Midwifery Info session reminder for Septemer 25th-Mary B

Jennifer Stewart, Sheila, Suzanne, Maxine and Wendy are planning to be there. Mothercraft is the location. Ask all the practices to be asked to put out our flyers for info sessions. Liasons to ask that they get posted up. Ask the one midwife to ensure that posters are visible. If the sessions are successful then Mary will do them more regularly.

Mary would like to thank all the volunteers who offer to help out at these events! With so many members willing to share their birth stories, please consider having them posted on our website, and including any photos since there is not enough time to allow more than one guest birth speaker per info session for hosptial and homebirth.

Sheila suggested that we try to get a table at the Bridal show (the baby show is a little late;-) ) Try to catch people before they are pregnant. *Ileana will look into this issue.* 

4) Liaison committee to be formed, to liaise with CEO for Ottawa LHINs-Sheila spearheading this initiative (see #1 for more info, as this was discussed concurrently with the midwifery practice updates).

#### 5) Annual Picnic

Only MGO midwives were present this year. Questions were asked about the other practices? Are they not interested? There were no answers. It would be nice for consumers to be able to see their midwives, but more needs to be looked into with this. MGO puts the picnic information out their brochures so clients know about it right from the start.

*Julia, as liason, was asked to ask Collective midwives about their interest level.* It was mentioned that we could have had out banner up at picnic.

#### 6) Fundraising and Bank Account- an idea (weekly or monthly spam day)

Dr Kelly Norman from Westboro was able to get CSMC a bank account for a whole year without any user fees for us. After the year, we would need a way to pay the fees. A proposal was put out that members of CSMC who are business owners can send out advertising for their business to CSMC members once a month. Then members can support other members. There would be a cost of \$1/ad or \$10 for the year. Then you'd know who are our members to support them. There are many people who would like to support us with money, but we don't have an account yet so it is difficult to receive financial gifts. **Leslie is willing to look after part of this.** The emails will not be fancy, but just get the word out. This allows us to get more income. It was noted that emails like this are actually called BACN, not SPAM. The group thought this was a good idea and to go ahead with it.

Sheila has t-shirts designed but can't find someone to print onto onsies now. Then we can sell them to raise money. She will ensure that they get printed as soon as she can.

## Many thanks to our past financial offiers Julia McCormick and Jennifery Young, who can no longer continue in this role.

Do we have 2 volunteers who can take over finances? Once the bank account is set-up

(an e-mail has been sent), we will begin fundraising.

Please e-mail for more info if you are interested in this position.

### 7) AOM working group - update/new registrant funding, any updates?

No updates received.

8) Facebook??? Do we want to create a Facebook group? Yes.

#### Melanie has created one - many thanks Melanie!!!

#### Please join our Facebook group and invite everyone you know to join also.

#### 9) Birth Centre

There have been people expressing interest in a birhting centre in Ottawa. Katie Nolan had expressed interes at the last meeting. There was some caution about a group in Toronto who was really well organized and tried to put together a proposal, but it didn't work for them. There was a suggestion that we get influence in the LHIN in order to get some movement in this. If we can get some representation at LHIN, then we might have a better chance for this.

There are 2 private hospitals in Ottawa and they have some funding. We might be able to get some funding for this. There is a midwifery student interested in a birthing centre.

#### Maybe we need to have a subcommittee to look into birthing centres?

Frederique said that she heard that things are not going well in the Montfort birth centre. There are not enough nurses, admin problems etc. It is becoming worse and worse. The nurses are doing 18 hour shift etc.